



Singapore Swimming Club

The Premier Family Club where the People make the Difference

SEMINAR PACKAGE 2024 - 2025

Full-Day Seminar Package

9am to 5pm

\$68.00+ per person - 2 Coffee breaks and lunch

\$58.00+ per person - 2 Coffee breaks only (No Lunch)

Half-Day Seminar Package

9am to 1pm / 1pm to 5pm

\$58.00+ per person - 1 Coffee break and lunch

\$48.00+ per person - 1 Coffee break only (No Lunch)

\$38.00+ per person - Coffee & Tea Only (No Food)

Package Includes:

- Use of function venue
- Writing material and mints
- LCD Projector and Screen
- Wireless Microphone
- Basic P.A System
- Free flow of coffee and tea

Add on Services:

- Photocopy at **\$0.50+ per piece** (Black & White) / **\$1.00+ per piece** (Colour)
- Stationery at **\$0.50+ per set** (paper & pencil)
- Flipchart at **\$30.00+ per set**
- White Board at **\$35.00+ per set**
- LCD Projector & Screen at **\$300.00+ per set**
- Microphone at **\$50.00+ per unit**
- Speakers (1 Pair Only) at **\$100.00+ per unit**
- TV Monitor at **\$100.00+ per unit**
- Visualizer at **\$80.00+ per unit**
- VCD/DVD Player at **\$50.00+ per unit**
- Lapel Microphone at **\$70.00+ per unit**
- Technician for Event at **\$250.00+ per staff (4-Hours)**
- Usage of Holding Room is applicable at **\$400.00+ per room**

Minimum guaranteed of 20 persons

Seminar Bento Menu for a minimum of 20 persons & above | Seminar Buffet Menu for a minimum of 30 persons & above

Surcharge of \$10.00+ per person per table is applicable on Eve & Public Holiday

Extension of hours for Emerald Court is applicable at \$800.00+ per hour after stipulated timing

Extension of hours for Fort / Mountbatten / Meyer Room is applicable at \$1,000.00+ per hour after stipulated timing

Prices are subject to 10% service charge (Non-Members Only) & prevailing government taxes unless specified otherwise. Prices & Menu are subject to changes without prior notice.

Mailing Address

45 Tanjong Rhu Road
Singapore 436899

Website

www.sswimclub.org.sg

Contact

Tel: (65) 6342 3600
Fax: (65) 6344 4476



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COFFEE BREAK SELECTION

SAVOURIES

- Assorted Finger Sandwiches
- Buffalo Chicken Drumlet (*)
- Char Siew Pau (*)
- Chicken Nugget
- Chicken Wings with Honey
- Fish Fingers
- Fried Carrot Cake
- Honey Prawn Dumpling (*)
- Mini Lotus Pau
- Mini Chicken Pie
- Mini Chicken Sausage Rolls
- Mini Curry Puffs
- Mini Tau Sar Pau
- Mini Vegetable Pizza
- Prawn Paste Chicken Mid Wings
- Quiche Lorraine
- Soon Kueh (*)
- Steamed Chicken Siew Mai (*)
- Tuna and Ham Croissant
- Vegetable Quiche
- Vegetable Samosa
- Vegetable Spring Roll

SWEET

- Assorted Cookies
- Assorted Mini Cakes
- Assorted Mini Fruit Tartlets
- Assorted Mini Muffins
- Banana Cake
- Banana Muffin
- Blueberry Muffin
- Brownies
- Chocolate Cake
- Chocolate Éclairs
- Chocolate Muffin
- Chocolate Swiss Roll
- Chocolate Truffle Cake
- Croissant, Plain and Filled
- Mango Cake
- Mini Cream Puffs
- Oreo Cheesecake
- Pandan Rolls
- Strawberry Light Cheesecake
- Tropical Fresh Fruit Platter
- Tiramisu Cake (*)
- Black Forest Cake (*)

Coffee Break Menu Selection:

- 3 items per coffee break
- (*) Minimum requirement of 30 persons
- Item subject to availability

Prices & Menu are subject to changes without prior notice.

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SEMINAR BENTO LUNCH SELECTION

CHOICE OF SET A OR B)

LOCAL BENTO SET A

(Min 10 sets)

Yang Chow Fried Rice (VEG)
Black Pepper Chicken
Crispy Oatmeal Fish Fillet
Broccoli with Mushroom
Fresh Fruit Platter

No of Sets

LOCAL BENTO SET B

(Min 10 sets)

Sin Chow Bee Hoon
Prawn Paste Chicken
Sweet & Sour Fish
Four Season Vegetables
Fresh Fruit Platter

No of Sets

WESTERN BENTO SET A

(Min 10 sets)

Spaghetti Aglio Olio
Fried Chicken Wings
Sautéed Fish Fillet with Butter Lemon Sauce
Coleslaw with Raisin
Fresh Fruit Platter

No of Sets

WESTERN BENTO SET B

(Min 10 sets)

Butter Fettuccine
Fish Finger
Grilled Chicken Breast with Mushroom Sauce
Vegetable Panache
Fresh Fruit Platter

No of Sets

VEGETARIAN BENTO SET A

(Min 10 sets)

Steamed Rice
Thai Green Curry with
Mock Chicken Sambal Mock Fish Fillet
Kailan with Oyster Sauce
Fresh Fruit Platter

No of Sets

VEGETARIAN BENTO SET B

(Min 10 sets)

Vegetarian Fried Rice
Kung Po Plant-based Chicken
Wok-Fried Fish with Black Bean Sauce
Kailan with Oyster Sauce
Fresh Fruit Platter

No of Sets

INDIAN BENTO SET A

(Min 10 sets)

Chicken Masala
Aloo Gobi
Fish Tikka
Naan Bread, Raita, Mint Yogurt
Fresh Fruit Fruits

No of Sets

INDIAN BENTO SET B

(Min 10 sets)

Rohan Josh
Fish Masala
Palak Paneer
Naan Bread, Raita, Mint Yogurt
Fresh Fruit Fruits

No of Sets

INDIAN VEGETARIAN BENTO SET A

(Min 10 sets)

Dah Palak
Bhindi Masala
Aloo Gobi and Biryani Rice
Naan Bread, Raita, Mint Yogurt
Fresh Fruit Fruits

No of Sets

INDIAN VEGETARIAN BENTO SET B

(Min 10 sets)

Aloo Mutter
Palak Paneer
Brinjal Masala and Biryani Rice
Naan Bread, Raita, Mint Yogurt
Fresh Fruit Fruits

No of Sets

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SEMINAR BUFFET LUNCH MENU

SAVOURY (SELECT 1)

- Potato Wedges
- Mini Curry Puff
- Chicken Nuggets
- Indian samosa
- Mini Tomato Pizza
- Mini Hawaiian Pizza
- Vegetarian Samosa
- Vegetarian Spring Roll

MEAT (SELECT 2)

- Stew Chicken with Mushroom
- Fillet of Fish in Black Bean Sauce
- Teriyaki Chicken
- Pan-Fried fish with butter Sauce
- Chicken with Mala Sauce
- Crispy Oatmeal Fish
- Black Pepper Chicken
- Sweet & Sour Fish
- Crispy Chicken in Thai Sauce
- Assam Sliced Fish Curry
- Sweet & Sour Pork
- Coffee Pork Rib
- Oriental Pork Chop
- Sliced Pork with Spring Onion

RICE OR NOODLES (SELECT 1)

- Steamed Rice
- Butter Olive Rice
- Garlic Rice
- Vegetarian Fried Rice

DESSERTS (SELECT 2)

- Burbur Cha Cha
- Bread & Butter Pudding
- Sago Gula Melaka
- Mini French Pastries
- Fresh Fruits Platter
- Hot or Cold Cheng Tng

SOUP OR SALAD (SELECT 1)

- Cream of Mushroom
- Cream of Broccoli
- Minestrone Soup
- Cream of Pumpkin
- Spicy Tang Hoon Salad
- Primavera Pasta Salad
- Potato & Egg Salad
- Greek Salad

VEGETABLES (SELECT 1)

- Sambal Egg Plant
- Thai Vegetable Curry
- Broccoli with Mushroom
- Deep Fried Tofu with Thai Sauce
- Roasted Potato or Mashed Potato

- Char Kway Teow
- Fried Mee Goreng
- Vegetarian Fried Bee Hoon
- Mee Siam with Gravy

- Honey Dew Sago
- Mini Cream Puff
- Mini Fruit Tartlets

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- Mini Tau Sar Pau
- Mini Vegetable Pizza
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- Quiche Lorraine
- Soon Kueh (*)*
- Steamed Chicken Siew Mai (*)*
- Tuna Croissant
- Vegetable Quiche
- Vegetable Samosa
- Vegetable Spring Roll

SWEET

- Assorted Cookies
- Assorted Mini Cakes
- Assorted Mini Fruit Tartlets
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Kailan with Oyster Sauce
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No of Sets

INDIAN BENTO SET A

(Min 10 sets)

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Aloo Gobi
Fish Tikka
Naan Bread, Raita, Mint Yogurt
Fresh Fruit Fruits

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(Min 10 sets)

Dah Palak
Bhindi Masala
Aloo Gobi and Biryani Rice
Naan Bread, Raita, Mint Yogurt
Fresh Fruit Fruits

No of Sets

LOCAL BENTO SET B

(Min 10 sets)

Sin Chow Bee Hoon (VEG)
Prawn Paste Chicken
Sweet & Sour Fish
Four Season Vegetables
Fresh Fruit Platter

No of Sets

WESTERN BENTO SET B

(Min 10 sets)

Butter Fettuccine
Fish Finger
Grilled Chicken Breast with Mushroom Sauce
Vegetable Panache
Fresh Fruit Platter

No of Sets

VEGETARIAN BENTO SET B

(Min 10 sets)

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